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A Guidebook for Taking the Stress Out of Parenting

When parents teach children to make good decisions, they reap the rewards of more joy and less family stress. Find out how in the new Priceless Parenting Guidebook!

Kenmore, WA, December 7, 2009 –

It's easy for parents to get caught in the habit of yelling, criticizing and nagging to try to get their children to behave. The [Priceless Parenting Guidebook: Ideas for Handling Everyday Parenting Challenges](#) gives parents tools for responding to children's behavior in ways that encourage responsibility and self-control.

Practical ideas are presented through real parenting stories. Some ideas from the book include:

- Creating a **positive tone in your home**.
- Identifying **conversation roadblocks** you may unintentionally be using.
- Using a **process for guiding children** to solving their own problems.
- Learning how to get children to **respond the first time** you make a request.
- Discovering how to **stay out of power struggles**.

Author and founder of Priceless Parenting, Kathy Slattengren, explained why she wrote this book. "Parents attending my presentations and taking the online class were excited about what they were learning and requested that I write a book that they could reference. The result is this guidebook which captures key ideas for positively handling challenging behaviors."

The mother of a 6-year-old testified "I've been amazed at the changes in my child's behavior after trying out some of these things. The best change I've made is that I'm no longer yelling at my daughter and we're both much happier."

Although children do not come with manuals, parents now have a wonderful resource for managing parenting challenges. This book is available on amazon.com.

About Priceless Parenting

Priceless Parenting provides online parenting classes, parenting presentations and parent coaching. Parents learn proven techniques for effectively responding to misbehavior while guiding children to develop important traits like responsibility, integrity and compassion. To learn more about Priceless Parenting visit www.PricelessParenting.com.

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