

# How Your Parenting is Going?



## How often do your kids listen to you the first time?

Are you kidding? They never listen!      Every single time!  
1 2 3 4 5

## Do you ever nag your kids to get their chores or homework done?

Nagging is the only thing that works.      My kids don't even know what nagging is!  
1 2 3 4 5

## What's the overall tone of your home?

Loud - if someone isn't yelling, it's not our house!      Peaceful most of the time  
1 2 3 4 5

## What's the best way to encourage your kids to behave?

Threaten them with punishment      Let them know my expectations  
1 2 3 4 5

## At the end of a typical day with your kids, how do you feel?

Overwhelmed and underappreciated      Pretty happy and content  
1 2 3 4 5

## What's your natural response when your kids misbehave?

Anger with punishment to fit the crime      Empathy with consequences or solutions  
1 2 3 4 5

## Do your kids treat you with respect?

They don't know the meaning of respect!      Almost all the time  
1 2 3 4 5

## How do you feel about your kids' teen years?

I'm dreading them.      I think they'll be a lot of fun as teens.  
1 2 3 4 5



**Who is running your household?**

My kids are often calling the shots  1  2  3  4  5 Adults along with some input from my kids

**How much screen time do your kids have each day?**

The TV or some digital device is usually on  1  2  3  4  5 Less than 2 entertainment hours a day

**When you ask your kids to turn the TV or digital device off, what is their typical response?**

Total meltdown  1  2  3  4  5 Politely turns it off

**How do you feel about your kids choice of friends?**

Their friends worry me  1  2  3  4  5 Great kids!

**What is your biggest parenting challenge right now?**