What word best describes your feeling?

**Happiness**
Joy  Delighted
Love  Gratitude
Excited  Thrilled
Happy  Surprised

**Sadness**
Grief  Guilty
Hopeless  Regret
Depressed  Discouraged
Sad  Disappointed

**Anger**
Upset  Angry
Jealous  Disgusted
Irritated  Frustrated
Furious  Exasperated

**Loneliness**
Abandoned  Rejected
Neglected  Excluded
Isolated  Lonely
Awkward  Empty

**Fear**
Panicky  Afraid
Vulnerable  Worried
Overwhelmed  Anxious
Horrified  Terrified

**Hurt**
Devastated  Embarrassed
Humiliated  Mistreated
Criticed  Wounded
Judged  Shamed