

Our Moral Values

Our Family's Top Five Moral Values:

1. _____
2. _____
3. _____
4. _____
5. _____



Identifying Your Most Important Moral Values

What virtues does your family most value? Your values guide your decisions. Your decisions determine the quality of your life. Some values to consider include:

Acceptance: an objective attitude toward other's ideas and practices that differ from your own

Compassion: understanding the suffering of others or self and doing something about it

Cooperation: helping your family and friends, returning favors

Courage: willingness to do difficult things

Equality: believing everyone deserves equal rights and to be treated with respect

Fairness: acting in a just way, sharing appropriately

Generosity: willingness to give resources, help or time to others

Gratitude: showing appreciation to others

Honesty: being truthful and sincere

Integrity: sticking to your moral and ethical principles and values

Kindness: being considerate and treating others well

Perseverance: persisting in a course of action, belief or purpose

Politeness: using good manners, acting in socially acceptable ways

Respect: showing consideration for the worth of someone or something

Responsibility: being reliable in your obligations

Self-control: staying in control of your words and behavior

Trustworthy: reliably doing what is right even when it is difficult, being true to your word

