Our Moral Values

Our Family’s Top Five Moral Values:

1. ________________________________________
2. ________________________________________
3. ________________________________________
4. ________________________________________
5. ________________________________________

Identifying Your Most Important Moral Values

What virtues does your family most value? Your values guide your decisions. Your decisions determine the quality of your life. Some values to consider include:

Acceptance: an objective attitude toward other’s ideas and practices that differ from your own
Compassion: understanding the suffering of others or self and doing something about it
Cooperation: helping your family and friends, returning favors
Courage: willingness to do difficult things
Equality: believing everyone deserves equal rights and to be treated with respect
Fairness: acting in a just way, sharing appropriately
Generosity: willingness to give resources, help or time to others
Gratitude: showing appreciation to others
Honesty: being truthful and sincere
Integrity: sticking to your moral and ethical principles and values
Kindness: being considerate and treating others well
Perseverance: persisting in a course of action, belief or purpose
Politeness: using good manners, acting in socially acceptable ways
Respect: showing consideration for the worth of someone or something
Responsibility: being reliable in your obligations
Self-control: staying in control of your words and behavior
Trustworthy: reliably doing what is right even when it is difficult, being true to your word