Ideas for Chores

Preschoolers

- Pick up toys
- Put dirty clothes in laundry basket
- Vacuum using hand-held vacuum
- Help carry groceries in to the house and put them away
- Bring in the mail or newspaper
- Put utensils and napkins on the table for a meal
- Help prepare a meal by tearing up lettuce, cutting the ends off of strawberries using a dull knife, spreading something onto bread or crackers
- Put away utensils and small items from the dishwasher
- Pull weeds

Grade Schoolers - previous age chores plus:

- Sweep floors or vacuum using upright vacuum
- Wash floors with a mop or rag
- Shake out small rugs
- Clean windows inside
- Clean mirrors
- Wipe out bathroom sinks
- Dust
- Organize books, games, videos
- Empty wastebaskets
- Take out the garbage and recycling
- Make bed, clean bedroom
- Set the table
- Clear the table and put away any extra food
- Make breakfast

• Help prepare dinner
• Make and pack lunch
• Wipe off the kitchen sink, stove and counters
• Clean the microwave
• Wipe off the table after meals
• Put dirty dishes into the dishwasher
• Load and unload the dishwasher
• Wash dishes by hand
• Feed the pets
• Water plants
• Wash, dry and put away a load of laundry
• Rake leaves

Teens - previous age chores plus:

• Cook dinner for the family
• Make a dessert
• Change bed sheets, wash the bedding
• Wash the car
• Clean the bathroom
• Clean the kitchen
• Clean the oven
• Clean the refrigerator including getting rid of old food
• Iron clothes
• Pick up groceries
• Mow the lawn
• Shovel snow
• Clean windows outside