



Ideas for Chores



Preschoolers

- Pick up toys
- Put dirty clothes in laundry basket
- Vacuum using hand-held vacuum
- Help carry groceries in to the house and put them away
- Bring in the mail or newspaper
- Put utensils and napkins on the table for a meal
- Help prepare a meal by tearing up lettuce, cutting the ends off of strawberries using a dull knife, spreading something onto bread or crackers
- Put away utensils and small items from the dishwasher
- Pull weeds

Grade Schoolers - previous age chores plus:

- Sweep floors or vacuum using upright vacuum
- Wash floors with a mop or rag
- Shake out small rugs
- Clean windows inside
- Clean mirrors
- Wipe out bathroom sinks
- Dust
- Organize books, games, videos
- Empty wastebaskets
- Take out the garbage and recycling
- Make bed, clean bedroom
- Set the table
- Clear the table and put away any extra food
- Make breakfast



- Help prepare dinner
- Make and pack lunch
- Wipe off the kitchen sink, stove and counters
- Clean the microwave
- Wipe off the table after meals
- Put dirty dishes into the dishwasher
- Load and unload the dishwasher
- Wash dishes by hand
- Feed the pets
- Water plants
- Wash, dry and put away a load of laundry
- Rake leaves

Teens - previous age chores plus:

- Cook dinner for the family
- Make a dessert
- Change bed sheets, wash the bedding
- Wash the car
- Clean the bathroom
- Clean the kitchen
- Clean the oven
- Clean the refrigerator including getting rid of old food
- Iron clothes
- Pick up groceries
- Mow the lawn
- Shovel snow
- Clean windows outside

