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Is My Teen Ready for College? Am I Ready to Let Go?

Emotions run high as high school students prepare for their next major step in life. Now there is an online course to prepare parents for the new changes and challenges of this stage.

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Applying to colleges brings out strong emotions in both teens and parents. Teens are filled with excitement and anticipation while parents are often unprepared for the letting go process.

Help for parents in navigating these challenging years is now available! **“Ready to Launch: Parenting Teens Through the College Transition”** is an eight lesson, online course that prepares parents for the impending changes.

Up to this point, little attention has been paid to the difficulties parents encounter as their teens begin to spread their wings. This course addresses those challenges by giving parents the tools to successfully navigate the high school to college transition years.

Social psychologist, Jane Adams, realized parents often lacked information explaining “I saw many parents of teens struggling with common issues of separation and identity. These parents were unprepared for the significant changes in their lives triggered by their teens leaving for college.”

Dr. Adams, whose best-selling books focus on young adult children, and Kathy Slattengren, M.Ed., a veteran parent educator and founder of Priceless Parenting, teamed up to produce this unique, innovative program. According to Slattengren, “Launching teens into college is one of the most stressful parenting periods. We designed this course to help parents cope with issues and critical concerns that often occur during this transition.”

The **Ready to Launch** course can be found at <http://www.PricelessParenting.com>. Parents can try the first lesson for free. The entire course may be purchased for \$75.

About Priceless Parenting

Priceless Parenting provides online parenting classes, parenting presentations and parent coaching. Parents learn proven techniques for effectively responding to children’s behavior while guiding them to develop important traits like responsibility, integrity and compassion. To learn more about Priceless Parenting visit www.PricelessParenting.com.

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